WEEKLY PRACTICE PLAN

date:

week: 8 7 6 5 4 3 2 1

	Reflection on Last Week							
OVERVIEW OF SCHEDULE								
Sun	Mon	Tues	W	eds	Thurs	Fri	Sat	
	Focus and Goals				Priorities			
	Mental Preparation				Other			

DAILY PRACTICE PLAN

date:						
focus and priorities:						

Create your ultimate audition plan.



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